



5TH SUNDAY IN ORDINARY TIME - A

08 February 2026

401-403 Ewell Road, Tolworth, Surbiton, Surrey KT6 7DG, Tel: 020 8399 9550,
E-mail: tolworth@rcaos.org.uk □ www.olianline.co.uk □ PARISH OFFICE: Mon-Fri from 10am to 2pm

□ PARISH PRIEST: Fr. Michael Ezenwamadu, CSSp, michaelezenwammandu@rcaos.org.uk

□ CURATE: Fr Bonaventure Ssebyanzi CSSp, bonaventuressebyanzi@rcaos.org.uk □ SECRETARY: Mrs Denise Kidd

□ SCHOOL: Our Lady Immaculate Catholic Primary School □ HEADTEACHER: Mr Ben Martin



SALT AND LIGHT OF THE WORLD

Today's Gospel gives us two images from ordinary life; salt and light. We are so used to salt that we may take it for granted, until it is lacking in food. We then recognise how tasteless food is! In the Old Testament times, it was used to preserve food (Lev 2:13), as a disinfectant for infants (Ezk 16:4), and for sealing covenants (II Chr 13). It is still used as a medicine on wounds in ordinary life. Today, Jesus is calling on Christians to be as valuable to the world as salt; to give it a taste, to preserve it, and heal it. Concerning the image of light, it is valuable in showing us the way. In the Old Testament, God led his people through the desert by using a pillar of fire (for light) at night (Ex 15:21-22). Scripture also uses it to symbolise a person's joy, energy and success (Prov 13:9). So, light is powerful in making things clearer, stronger and joyful. Therefore, with salt and light the world becomes a safe and good place to live in. Also, we should remember that both salt and light operate by associating with the thing that they want to change. Thus we must get involved in the various aspects of society. Are there elderly, lonely and sick people in my neighbourhood? Would a visit, sharing a word of God, a prayer or leading a religious person to them, be a form of spiritual healing to them? How exemplary is my prayer and Christian life? What is my response to the needs of the homeless, the displaced, poor and those grieving? Is my speech consoling and encouraging to those experiencing challenges or is it judgmental and disappointing? Let us not curse the darkness, but instead light even a small candle to dispel the darkness. All these will help our light to shine so that people may see our good deeds and glorify our Heavenly Father (Mt 5:16).

Fr. Bonaventure. CSSp.

MASS TIMES & INTENTIONS: 08 - 15 FEBRUARY 2026

Sat 07	18.30: William Rooney - RIP & WB of Alice & Susan (<i>C Stevens</i>)
Sun 08	09.00: Madeline McIneney- RIP (<i>P Mitchell</i>) 11.00: People of the Parish 18.00: June Munk & John Brennan - RIP (<i>J Guy</i>)
Mon 09	09.30: Sid Linstead - RIP (<i>FM</i>)
	<i>ST SCHOLASTICA, VIRGIN & MEMORIAL</i>
Tues 10	09.30: Christina McClusker (<i>Eilish & Kate</i>) 19.00: Joseph & Rose Surry - RIP (<i>FM</i>)
Wed 11	09.30: Annie Sharman - RIP (<i>FM</i>) 19.00: James Tumilty - RIP (<i>FM</i>)
Thurs 12	07.00: Holy Souls 09.30: Kitty Graham - WB - RIP (<i>L Lewis</i>)
Fri 13	07.00: Holy Souls 09.30: Christine Lomas - RIP (<i>OLI Parish</i>)
	<i>STS CYRIL MONK & METHODIUS, BISHOPS - FEAST</i>
Sat 14	09.00: Eusebio Manuel Placeres - RIP, 4th Anni (<i>J Placeres</i>)
Sat 14	18.30: Alexander Mereshchakov - RIP (<i>Jo</i>)
Sun 15	09.00: Mario Cassar - RIP (<i>P Mitchell</i>) 11.00: Alfie Middleton - Healing & WB (<i>S & S Tremenheere</i>) 18.00: People of Parish

REMEMBRANCE: Please remember in your prayers all who have recently died especially June Munk, William Rooney, Kandiah Paramanathan, Christine Lomas and those whose anniversaries occur at this time. May their souls rest in peace. Amen

THE SICK: Vanessa Andrew, Deacon Al Callan, Martin Dray, Thomas Haley, Frances Cox, George Trutwein, Rita Reginald, Sarah Mills, Thomas O'Connor, Ian Beard, Anita Smith, Tony Cook, Kathleen McGuinness, Nan Healy, Samar Staussi, Joan Frost, Shirlene A, Hazel D'Aguilar, Allan Cook, Claire Pender, Wendy Cook, Kathleen O'Connell, Ralph Smallwood, Elizabeth Jones, Nivetheni Robert, Gerry Hague, Mark Draper, Tim Ryan, Adam Martin, Maureen Stephens, Maureen Sellwood, Mavis Fisher, Andy Moolman, Qiaochen Shi, Jisha Nelson, Vinitha Sherin, Lionel Holland, Peter & Phil Tull, Julie Brian, & Sue Jones

EUCARISTIC EXPOSITION:

MORNING PRAYER (LAUDS):

SACRAMENT OF RECONCILIATION:

ST ANTHONY OF PADUA NOVENA:

OUR LADY OF PERPETUAL HELP NOVENA:

OUR LADY OF FATIMA DEVOTION:

SYRO-MALABAR VIGIL

YOUTH MASS

MONDAY – FRIDAY: 8AM

MONDAY – FRIDAY: 9AM

SATURDAY: -

9.30-10am & 5.30-6.00pm

TUESDAY: -

After morning and evening Masses

WEDNESDAY: -

After morning and evening Masses

FIRST SATURDAY -

of the month, after morning Mass

FIRST FRIDAY -

of the month

LAST SUNDAY

of the month

TODAY'S READINGS

Entrance Antiphon:

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

Ps 94: 6-7

Penitential Act: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, (*And, striking their breast, they say:*) through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God. **Amen**

GLORIA: Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. **Amen.**

Opening Prayer: Keep your family safe, O Lord, with unfailing care, that, relying solely on the hope of heavenly grace, they may be defended always by your protection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

First reading

Isaiah 58:6-10

Thus says the Lord: Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh?

Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the LORD shall be your rearguard. Then you shall call, and the LORD will answer; you shall cry, and he will say, 'Here I am.' If you take away the yoke from your midst, the pointing of the finger, and speaking wickedness, if you pour yourself out for the hungry and satisfy the desire of the afflicted, then shall your light rise in the darkness and your gloom be as the noon day.

Reader: The word of the Lord.

All: Thanks be to God

Responsorial Psalm: Ps 112(111):4-5. 6-7. 8a, 9. R4a

A light rises in the darkness for the upright.

A light rises in the darkness for the upright; he is generous, merciful, and righteous. It goes well for the man who deals generously and lends, who conducts his affairs with justice. **R**

He will never be moved; for ever shall the upright be remembered. He has no fear of evil news; with a firm heart, he trusts in the LORD. **R**

With a steadfast heart he will not fear. Open-handed, he gives to the poor; his justice stands firm for ever. His might shall be exalted in glory. **R**

Second reading

1 Corinthians 2:1-5

I, when I came to you, brothers and sisters, did not come pro-

claiming to you the testimony of God with lofty speech or wisdom. For I decided to know nothing among you except Jesus Christ and him crucified. And I was with you in weakness and in fear and much trembling, and my speech and my message were not in plausible words of wisdom, but in demonstration of the Spirit and of power, so that your faith might not rest in the wisdom of men but in the power of God.

Reader: The word of the Lord.

All: Thanks be to God

Gospel Acclamation

John 8:12

Alleluia, alleluia. I am the light of the world, says the Lord; who ever follows me will have the light of life. Alleluia.

Gospel

Matthew 5:13-16

At that time: Jesus said to his disciples, 'You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet.

'You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.'

Priest: The Gospel of the Lord.

All: Praise to you Lord Jesus Christ.

THE NICENE CREED:

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. (*At the words that follow, up to and including 'and became man', all bow*) For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come.

Amen

Prayer over the Offerings O Lord, our God, who once established these created things to sustain us in our frailty, grant, we pray, that they may become for us now the Sacrament of eternal life. Through Christ our Lord. **Amen**

Communion Antiphon

Cf. Ps 106: 8-9

Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

Prayer after Communion: O God, who have willed that we be partakers in the one Bread and the one Chalice, grant us, we pray,

so to live that, made one in Christ, we may joyfully bear fruit for the salvation of the world. Through Christ our Lord. **Amen.**

LENT 2026

The season of Lent 2026 will begin on **Ash Wednesday**, 18 February, a day of fasting and abstinence. There will be **three Masses** here in the parish on that day:

1. 7.00am: Early Morning Mass
2. 9.30am: Morning Mass
3. 7.00pm: Evening Mass

Stations of the Cross:

Fridays through Lent after
9.30am Mass (*English*)
6pm (*Syro Malabar Community*)

More Lenten details & the Holy Week Programme to follow

NEW AND SPECIAL ANNOUNCEMENTS

Thank you Fr Bonaventure and Welcome Back Fr Michael! This weekend we offer our sincere thanks to Fr Bonaventure for his constant support and invaluable help within our parish, particularly during Fr Michael's time away. We are very happy to welcome Fr Michael back after his well-deserved break.

LEGION OF MARY: The Parish has been approached to form a Legion of Mary group. The Legion of Mary in our Surrey area will be giving a talk at all the Masses this weekend about the Legion with the intent of setting up a similar group in our Parish.

PALM BRANCHES FROM LAST PALM SUNDAY: We continue to collect your blessed palm branches from the previous Palm Sunday. Kindly drop them in the designated basket in the narthex. Many thanks.

CONGRATULATIONS TO OUR NEWLY ORDAINED BISHOP

GERARD BRADLEY: His Holiness Pope Leo XIV has appointed Canon Gerard Bradley as an Auxiliary Bishop of the Archdiocese of Southwark. The Holy Father has assigned him the Titular See of Beverley, the birthplace in Yorkshire of St John Fisher, beloved to us all in our Archdiocese as a former Catholic Bishop of Rochester. He was ordained on the feast of the Presentation of the Lord on Monday 2nd February. We at OLI also thank Bishop Gerard for the amazing support he has extended to our parish during the past few years - especially by conferring the Sacrament of Confirmation. Please keep him in your prayers.

2ND COLLECTION NEXT WEEKEND: Clergy Support Fund.

The clergy in our Archdiocese have given us so much. They have been there for us in our happiest moments and comforted us when we have lost loved ones. Supporting priests in their retirement is one way to show our appreciation for all they have done for our parishes. Parishioner's make supporting our clergy in retirement possible. There are envelopes in the Narthex or find out how to donate to the Clergy Support Fund at www.rcaos.org.uk/donate/csf You can also donate via telephone, Mon-Fri, office hours 020 7960 2504. Please continue to keep our Priests in your prayers. Thank you.

CATECHETICAL INSTITUTE Every parishioner, catechist, parent and teacher in our schools and parishes now have access to over 120 high-quality workshops from the Catechetical Institute.

Visit aec.rcaos.org.uk/franciscan for more information and to register.

AMBASSADORS FOR CHRIST: A CATHOLIC APOLOGETICS RESOURCE. The Archdiocese of Southwark has launched an exciting apologetics project to provide evidence-based answers to questions such as "Is Jesus God?" or "does prayer work?". Ambassadors for Christ is designed to equip you with a deeper understanding of your faith, so you can confidently answer questions and be a joyful witness for the Lord Jesus and his Church. Every Monday, a new video will be posted on YouTube, along with a worksheet to enable parishes, schools, youth groups and families to use them as part of their faith formation. To watch the videos and take part in this exciting project, please visit: rcaos.org.uk/ambassadorsforchrist.

NEWS, DIOCESAN MARRIAGE and FAMILY LIFE

NATIONAL MARRIAGE WEEK This annual celebration runs from February 7-14 and offers the opportunity to support and promote marriage and family life. Visit the Catholic Bishops' Conference of England & Wales website for details of various initiatives and events marking Marriage Week: <https://www.cbcew.org.uk/marriage-week/>

FOR THE BEREAVED GRIEF IN LOSS: HOPE IN CHRIST is a weekend for those who have been bereaved. This weekend, from March 20-22, will take place away from the pressures of day-to-day life and can help one begin to come to terms with bereavement. It is a time for quiet, prayer, talking and acceptance. Due to the special nature of this weekend retreat, held at Aylesford Priory in Kent, places are limited and subject to a telephone call to determine if it is right for you – 01622 717 272 or email reception@thefriars.org.uk

LEARN ABOUT YOUR FAITH - Sycamore is a course consisting of four online sessions, one hour each, which explores our Catholic faith from first principles. The course runs for four consecutive Tuesdays starting at 8pm on March 10 with two further courses starting May 5 and September 8 respectively. More details - T: 07983 524 727 E: mflkent@rcaos.org.uk

BUILD A BETTER MARRIAGE This is a one-day marriage-enrichment course aimed at couples whether married five years or 55 years. There is no charge and no group sharing. Couples have the opportunity individually to explore their relationship and levels of communication, which is the key to relationship. It starts at 9am and finishes by 4.30pm. Dates and venues in South London are: May 23 (Wallington), October 3 (West Norwood) and November 7 (Wandsworth). More details – T: 07983 524 727 or E: mflkent@rcaos.org.uk

OBITUARIES

† WILLIAM ROONEY

Kindly pray for William Rooney who sadly passed away on 15th January aged 83yrs. May he rest in peace.

Funeral: OLI - Friday, 20th February, 11.30am

† JUNE MUNK

Of your charity, please pray for the repose of the soul of June Munk who recently sadly passed away. May she rest in peace.

INFORMATION & REMINDERS

PARISH LENTEN PROJECT 2026

Lenten Project Boxes

From this weekend and over the next two weekends, we will be distributing Lenten Project Boxes at church. Please do take one home and use it during Lent as a simple way to set aside alms for those in need. At the end of Lent, kindly return your box so the contents can support our chosen charities. Each box costs around £1.50, so if yours is not used, please return it so it can be re-used next year. Thank you, as always, for your generosity and faithful support.

Dates for Your Diary:

- **Sun 1 Mar** – Youth-led Fundraising Event
- **Sat 7 Mar** – Sponsored Walk
- **Fri 20 Mar** – Toy Donations from OLI Families
- **Fri 20 Mar** – Noah's Ark Pre-school LP Fundraising
- **Sat 21 & Sun 22 Mar** – Table-Top Sale
- **Wed 25 – Thurs 26 Mar** – OLI School LP Events
- **Thu 2 Apr** – Maundy Thursday Collection
- **Sat 11 Apr** – Return of Lenten Project Boxes
- **Sat 11 Apr** – South Indian Cultural Night
- **Sat 9 May** – Filipino Cultural Night
- **Sat 16 May** – Jumble Sale
- **Sat 6 Jun (tbc)** – African-Caribbean Cultural Night
- **Sat 20 Jun (tbc)** – Sri Lankan Cultural Night (tbc)
- **Fri 5 / Sat 6 Sept** – Charity Nominations Open
- **Mon 9 Nov** – Lenten Project AGM

A grandmother is giving directions to her grandson who is coming to visit: "You come to the front door of the apartment complex. I am in apartment 14a. There is a big panel at the front door, with your elbow push button 14a. I will buzz you in. Come inside, the elevator is on the right. Get in, and with your elbow hit 14a. When you get out I am on the left. With your elbow, hit my doorbell." "Grandma that sounds easy, but why am I hitting all these buttons with my elbow"? The grandma snapped "Are you coming empty handed?"

WEEKLY COLLECTIONS

LAST WEEKEND

Gift-aid: £410.68

Non-Gift-aid: £815.17

Total: £1,225.85

2nd Collection:

£182.63

Thank you for supporting your Parish.

Cheques: Please make payable to **RCAS Tolworth**.

*Kindly consider making your regular contribution to the Church via standing order (form available at olionline.co.uk), or by online banking: **RCAS Our Lady Immaculate Church, Account Number: 06467032; Sort Code: 60-21-05***

IMPORTANT: Gift Aid: If you are a Gift

Aid donor, please include your **Gift Aid number** in your online payment reference. If you are not registered for Gift Aid, kindly use

"NGA" in the reference. **Need Help?** Contact

Lance Louis at tolworthgac1@rcaos.org.uk or call **07851 070036**.



Prayer for Health and Protection from cancer

"Dear Lord, I place my health in Your hands, asking for Your divine protection against illness. Grant me the wisdom to care for my body and the strength to live a healthy, balanced life. Keep me and my loved ones safe from cancer and any other sickness. I trust in Your healing presence, today and always. Amen."

St. Peregrine Novena Prayer (Patron Saint of Cancer Patients)

"Dearest St. Peregrine, I come to you today humbly seeking your intercession. I beseech you to pray for me, that God may protect me from any affliction, should it be His will, and that I may trust entirely in Him. St. Peregrine, to whom many miracles are attributed, pray that God may grant this request. Amen".

T	L	U	N	D	E	R	D	O	S
B	O	A	E	I	C	E	I	S	E
U	L	O	M	T	L	Y	E	E	I
T	H	E	F	P	H	L	T	N	G
E	L	I	M	R	E	G	O	I	H
A	S	A	L	T	E	T	I	H	C
R	R	I	S	L	H	D	O	S	T
T	Y	A	A	I	T	G	N	O	U
H	T	I	N	R	O	O	I	U	F
B	U	G	C	U	P	I	P	L	E

SALT
EARTH
TASTELESS
NOTHING
TRAMPLED
CITY
LIGHT
UNDERFOOT
HILLTOP
LAMP
TUB
SHINES
SIGHT
MEN
PRAISE

